

Provider Alert

COVID-19 Resources and Support

June 11, 2021

The Maryland Department of Health (MDH) Behavioral Health Administration (BHA) regularly updates resources and information related to COVID-19. Here is the latest information:

Free Counseling, Stress Management and Crisis Support for Long-term Care Staff

Counseling Stress Management and crisis support is available for staff at assisted living facilities, group homes, as well as nursing homes. The Maryland COVID-19 Crisis Support Program offers free, confidential counseling support to ALL employees of Maryland's long-term health care facilities impacted by the coronavirus outbreak. Services are also available in Spanish.

<u>Learn more</u> about receiving support services for yourself or your organization. <u>Fill out this form</u> or, for urgent requests, call 1-800-648-3001. For questions, email miemss.crisisresponse@maryland.gov.

CovidCONNECT Support Groups

Organized by NAMI Maryland in partnership with Maryland 211 and BHA, this group offers virtual support for those who have had COVID-19. Trained peer facilitators host small groups sessions twice a month to provide support for Marylanders interested in connecting with others to talk about the challenges of recovering from this disease. Hosted every other Thursday (6:30 to 8 p.m.), the next support group will be held June 17.

Visit the CovidCONNECT website at <u>covidconnect.health.maryland.gov</u> to learn more and to <u>register</u>. If you have questions or requests about virtual support groups and

related resources, please email mdh.covidconnect@maryland.gov. Please access and share this flyer with your networks.

BHA continues to update behavioral health COVID-19 related resources on the <u>BHA</u> <u>website</u>. Please submit COVID-19 related questions <u>here</u> or email <u>bha.inquiries</u> @maryland.gov.