



Provider Alert

COVID-19 Resources and Webinars

January 6, 2021

The Maryland Department of Health (MDH) Behavioral Health Administration (BHA) regularly updates resources and information related to COVID-19. Here is the latest information:

Behavioral Health Provider Webinar with Public Health

Starting this Friday, January 8, the weekly Behavioral Health Provider Webinars with Public Health has new login information:

Session number: 178 873 7910
Session password: K9Fp2D2hPNP

To join the training session

1. Go to
<https://mdhealth.webex.com/mdhealth/k2/j.php?MTID=t4fd2d9341eb2218059aa0282490f5fcf>
 2. Enter your name and email address.
 3. Enter the session password: K9Fp2D2hPNP
 4. Click "Join Now"
 5. Follow the instructions that appear on your screen.
- To view in other time zones or languages, please click the link
<https://mdhealth.webex.com/mdhealth/k2/j.php?MTID=t3b29336c3d339b497e188863bda1167a>

BHA/MedChi Behavioral Health Webinar Series: Helping the Helpers and Those They Serve

These webinars are for Maryland's behavioral health and medical health care workers of all disciplines, whether working in community or hospital settings. They are designed to enhance both health care worker self-care and resultantly the care they provide, as health care workers combat numerous stressors including the COVID-19 pandemic,

social justice issues, and other stressors that can potentially impact delivered care. Visit the website to [learn more](#) and register.

Free Mental Health Support for Nursing Home Staff

[Learn more](#) or get help now: For urgent requests, call 1-800-648-3001. To receive mental health services for yourself or your organization visit bit.ly/marylandcovidsupport. [Information now available in Spanish](#). For questions, email miemss.crisisresponse@maryland.gov.

Mental Health Support for Providers and the Public

BHA created [extensive lists of webinars, trainings, support groups, and info guides](#) for clinicians and the general public, which are regularly updated on the BHA webpage. If you see a resource that we have not included, let us know: bha.inquiries@maryland.gov.

Resource Guides for Marylanders

BHA has created and compiled resource guides since the pandemic hit Maryland. Please share with your networks:

- [Coping for Students and Young Adults](#)
- [Recovery and Wellness Support](#)
- [Intimate Partner Violence, Traumatic Brain Injury and Child Maltreatment](#)
- [Deaf and Hard of Hearing](#)
- [Telehealth for Behavioral Health Services](#)
- [Grief and Loss](#)

BHA continues to update behavioral health COVID-19 related resources on the [BHA website](#). Please submit COVID-19 related questions [here](#) or email bha.inquiries@maryland.gov.

Thank you,

Optum Maryland Team