

PROVIDER ALERT

Child, Adolescent & Transition Age Youth (TAY) Psychiatric Rehabilitation Programs (PRPs) & School Systems and Reminder Concerning the PRP Corner

April 28, 2021

Target Audience: PRP Providers

PRP Corner:

The PRP Corner is a helpful resource for all PRP providers. It is updated on the Optum Maryland website with the latest information including Medical Necessity Criteria with a combination of service rules, and also contains references to relevant alerts. The [PRP Corner](#) can be found here:

maryland.optum.com/content/ops-maryland/maryland/en/bh-providers/PRPCorner.html

TAY Psychiatric Rehabilitation Programs (PRP-M) and School Systems:

This is a reminder of the original MDH transmittal sent Wednesday, November 13, 2002, to Child and Adolescent PRP providers detailing revised PRP guidelines. Today's alert emphasizes rules for PRP & the school systems.

Child, Adolescent & Transition Age Youth (TAY) Psychiatric Rehabilitation Programs (PRPs) are goal-directed, outcome-focused, and time-limited interventions designed to reduce behavioral and emotional problems while restoring and strengthening age-appropriate skills in order for the youth to perform at their highest potential. Here are a few important details regarding PRP Services:

- PRP services are designed to complement outpatient mental health treatment
- The request for PRP must be initiated by the youth's treating clinician and identified rehabilitation goals must be integrated and supported with the treatment plan

- PRP services are only covered for payment if the youth remains in ongoing treatment.
- PRP services for the youth must be based on an assessment of functioning that is age and developmentally appropriate

As noted in the November 2002 transmittal, PRP services are not authorized during school hours or if they are part of an Individual Educational Plan (IEP). Providers are expected to coordinate with the local Special Education system as these services are more appropriately addressed under the youth's Individual Educational Plan (IEP) and not the Public Behavioral Health System (PBHS). The IEP must include the specialized instruction and related services that the school system will provide to help that student receive educational benefits and meet his/her individualized educational goals.

If PRP services are needed for that youth to meet his/her educational goals, this must be outlined in the youth's IEP and the school system must provide the service. Additionally, PRP services will not be authorized if the services are duplicative to similar support services that are part of another service's reimbursable rate, such as services provided in group homes or treatment foster care programs.

In instances where PRP providers are rendering services on school premises outside of school hours, the providers must adhere to the requirements outlined by the school on providing services on school property. Additionally, providers are also expected to communicate these arrangements with their respective LBHA/CSA.

Thank you,

Optum Maryland Team

Please visit our website at maryland.optum.com for provider resources, online training, and more information.