

### PROVIDER ALERT

# COVID-19 Resources and Webinars April 6, 2021

The Maryland Department of Health (MDH) Behavioral Health Administration (BHA) regularly updates resources and information related to COVID-19. Here is the latest information:

## **April BHA Letter from Deputy Secretary**

Read the latest updates from Dr. Aliya Jones, Deputy Secretary of Behavioral Health

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# BHA/MedChi Behavioral Health Webinar Series: Helping the Helpers and Those They Serve

These webinars are for Maryland's health care workers of all disciplines. They are designed to enhance both health care worker self-care and the care they provide, as health care workers combat numerous challenges including the pandemic, social justice issues, and other stressors that can potentially impact delivered care. CMEs will be available at no cost, as will Participant Certificates, which for other disciplines may potentially qualify for CEUs or other continuing education credit. Participants should check with their certifying organizations to see how these would apply.

Next: April 8: Dealing with Microaggressions Experienced by Health Care Workers Related to COVID-19. Visit the website to <u>learn more</u>, access archived webinars and <u>register</u>, or <u>share this flyer</u> with your networks.

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#### **CovidCONNECT Webinar Series**

These free webinars are curated specifically for Marylanders who have been impacted by COVID-19. Developed by BHA in partnership with National Alliance on Mental Illness (NAMI) Maryland and other stakeholders, these presentations include speakers who cover topics on mental health, wellness and recovery. Webinars take place every other Thursday at 5 p.m.

Next: April 15: Achieving Mental Wellness Through Self-care Skills: COVID-19 and Beyond. Visit the Covid Connect website to learn more and register.

BHA continues to update behavioral health COVID-19 related resources on the <u>BHA</u> <u>website</u>. Please submit COVID-19 related questions <u>here</u> or email <u>bha.inquiries @maryland.gov</u>.