

## MEMORANDUM

To: Program Directors  
Outpatient Services

From: Brian Hepburn, M.D.  
MHA Executive Director

Re: Policy Clarification: **Outpatient Services / Nurse Practitioners**

Date: December 26, 2006

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This memorandum is to further clarify nursing services that are reimbursable through the Public Mental Health System (PMHS). The services nurses provide are governed by the Nurse Practice Act (Annotated Code of Maryland, Health Occupations Article, Title 8; and COMAR Title 10, Subtitles 27 and 39.)

### A. Within an Outpatient Mental Health Clinic (OMHC):

Providers may bill the PMHS for the following services performed by a *RN-C or RN-BC* (certification in Psychiatric and Mental Health Nursing through the American Nurses Credentialing Center): *Certified Registered Nurse Practitioners with a Psychiatry specialty, CRNP-P; and Certified Advanced Practice Registered Nurse/Psychiatric Mental Health, APRN/PMH:*

- 90801 Psychiatric interview exam
  - 90804, 90806 (individual therapy, which includes individual supportive counseling)
  - 90846, 90847, 90847-52 (family therapy, which includes family supportive counseling)
  - 90849 90849-52 (multi-family group therapy, which includes group supportive counseling)
  - 90853 (group therapy, which includes group supportive counseling)
  - 90875, 90876 (individual psychophysio therapy including biofeedback)
2. Providers may bill the PMHS for medication management (90862) or therapy with medication management (90805, 90807) if performed by a Certified Registered Nurse Practitioner with a specialty in Psychiatry (CRNP-P), as permitted by the Board of Physicians and the Board of Nursing.

The OMHC, as a component of its credentialing process shall assure nurses have the proper credentials and competencies to perform mental health treatment, medication management, and evaluation services, and shall keep a copy of the required documentation in the nurse's personnel record.

## **B. Group or Individual Practice**

The PMHS will only reimburse *Certified Registered Nurse Practitioners with a Psychiatry specialty, CRNP-P; and Certified Advanced Practice Registered Nurse/Psychiatric Mental Health, APRN/PMH*. The following services are reimbursable:

- 90801 Psychiatric interview exam
- 90804, 90806 (individual therapy, which includes individual supportive counseling)
- 90846, 90847, 90847-52 (family therapy, which includes family supportive counseling)
- 90849, 90849-52 (multi-family group therapy, which includes group supportive counseling)
- 90853 (group therapy, which includes group supportive counseling)
- 90875, 90876 (individual psychophysio therapy including biofeedback)
- 90862, 90805, 90807 (medication management or therapy with medication management) if performed by a Certified Registered Nurse Practitioner with a specialty in Psychiatry (CRNP-P), as permitted by the Board of Physicians and the Board of Nursing.

**Special Instructions for individual and group practices:** Prior to obtaining authorizations and enrolling in MAPS-MD, the provider must submit the following to Susan Steinberg, Deputy Director, Mental Hygiene Administration, 55 Wade Avenue, Catonsville, MD 21228:

1. Copy of nursing license with either the CRNP-P or APRN/PMH certification.
2. Medicaid Number. If in group practice, name of group practice and group MA number, as well as individual rendering number.
3. If seeking authority to provide medication management- must provide a copy of the written agreement between the nurse practitioner and a psychiatrist pursuant to COMAR 10.27.07.02.

The Mental Hygiene Administration will review your credentials. If approved, MHA will advise MAPS-MD that the nurse is eligible to receive authorizations. It will be the responsibility of the nurse to properly enroll with MAPS-MD, MHA's Administrative Service Organization. See: <http://www.maps-md.com>. The nurse performing the service as an independent practitioner must have a Medicaid provider number (either individual number, or a rendering number), and the Medicaid number must be included on the claim as the renderer of the service.

If approval to participate in the PMHS is denied, the nurse may file an appeal within 30 days of notice of MHA's decision with Brian Hepburn, Director, Mental Hygiene Administration or file an administrative appeal pursuant to

(1) COMAR 10.01.03;

(2) State Government Article, Title 10, Subtitle 2, Annotated Code of Maryland; and

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(3) Health-General Article, § 2-201--2-207, Annotated Code of Maryland.

If you have further questions, please contact Ms. Susan Steinberg at 410-402-8451.

cc: MHA Management Committee  
CSA Directors  
Jennifer Huber  
Nancy Calvert